

FUN FOR THE ENTIRE FAMILY!



Celebrating CPO Pride & Professionalism

Saturday
September 16 at 8:30 a.m.
Fleet Recreation Park,
Naval Station Norfolk

Proceeds from the race will benefit the Chief Petty Officer Scholarship Fund, a non-profit organization established solely for the purpose of generating and distributing funds to provide educational opportunities for qualified family members of Chief Petty Officers. For more information, visit www.cposf.org.

CALL THE FITNESS AND SPORTS OFFICE AT (757) 444-2276 FOR MORE INFORMATION.

Watch teamwork in action and experience the thrill and pride of the Chief Petty Officers and their selectees as they run in formation, carry flags and sing cadences during this one of a kind event!
Anyone is welcome to participate either by running the 8K race or cheering on the runners.

PLUS

★ **FUN, FOOD & FESTIVITIES AFTER THE RACE!** ★

Bring the entire family to enjoy music and entertainment after the race! A children's area complete with inflatables, games and face painters will be available on site!



ELIGIBILITY - Open to everyone, including the general public.

AGE GROUPS AND DIVISIONS - 19 and under, 20 to 24, 25 to 29, 30 to 34, 35 to 39, 40 to 44, 45 to 49, 50 to 54, 55 to 59 and 60 and over.

AWARDS - Awards will be given to the top three men and women in each age group. Awards for top overall male and female, top chief and top team.

TEAMS - Maximum of five members per team, minimum of three to score. Teams must submit their entries together. Race day registration for teams will not be accepted. All teams must register together.

TIMING - This will be a ChampionChip timed event provided by KaleRunning.com. Call 421-2602 for additional information or visit www.kalerunning.com.

COURSE - The course starts and finishes at Fleet Recreation Park located on Hampton Boulevard. The course is highlighted by classical naval scenery that includes a view of the Atlantic Fleet's finest vessels and a breathtaking view of the bay.

PACKET PICKUP - Packets will be available race day only.

RACE DAY REGISTRATION - From 7 to 8 a.m. Race day registration will end promptly at 8 a.m.

T-SHIRTS - Participants who register by Friday, September 8 are guaranteed a race shirt.

ENTRY FEE - Individual and team entries are \$20 per entrant through Wednesday, September 13. Race day fee is \$25 per entrant.

INCLEMENT WEATHER - No refunds, no rain date and no transfers due to inclement weather.

PLEASE NOTE - Strollers, baby joggers dogs and headphones are not allowed on the race course.

ENTRY FORM ON BACK ➔



RUN WITH THE CHIEFS 8K ENTRY FORM

Saturday, September 16 at 8:30 a.m.
Fleet Recreation Park, Naval Station Norfolk

DIRECTIONS: From I-64 East or West, take the I-564 towards Naval Station Norfolk and then follow the Terminal Boulevard/ODU exit. From Terminal Boulevard turn right on to Hampton Boulevard and follow to Fleet Recreation Park on 90th Street. Ample parking is available on site.

Entries may be mailed to:

Naval Station Norfolk, Attention: Run with the Chiefs 8K, bldg. KN, 1682 Piersey Street, Norfolk, Va. 23511

Entries will be accepted until Wednesday, September 13, 2006.

Please do not mail entries after September 6 (register online or in person).

Online registration available through Active.com

Name _____
Last First

Address _____
City State Zip

Email address _____

Age (day of race) _____ Date of birth _____ Personal Chip ID (chip owners only) _____

Male or female (circle one) Chief (circle one) Yes No Chief Selectee (circle one) Yes No T-shirt size (circle one) S M L XL

Team name _____ (teams must submit entries together)

Entry fee:

Form of payment (circle one): Check (payable to Morale, Welfare and Recreation) Cash (please do not mail cash)
Visa Mastercard American Express Discover

Credit Card# _____ Expiration date _____

I know that running a road race is a potentially hazardous activity. I should not enter the race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants and the effects of weather. I grant permission to use any photographs, video recordings or any record of this event for legitimate purposes. I hereby give Navy Morale, Welfare and Recreation, Kale Enterprises, their agents and employees the right to inspect and/or approve the photograph, audiotapes and/or videotapes for promotional, recruiting or educational purposes, without any limitation, reservation or compensation, other than the receipt of which is hereby given. This consent is given for any photographs, audiotapes and/or videotapes which have been taken, about to be taken or will be taken.

Signature: _____ Date: _____